

CHIPPEWA ATHLETIC DEPARTMENT SUMMER PROTOCOLS

(Effective June 22, 2020 –July 4, 2020)

PHASE TWO +

Masks are recommended to be worn by coaches and athletes. Pre-Workout Screening (Temp. Check) must be conducted by all Coaches and Athletes before training session can begin. Student athletes should take their temp at home and report to coach. Student athlete and coach must stay home if a temp above 100.

FACILITY USE: ANY/ALL facility use must be approved by the Chippewa Athletic Department

YOUTH CAMPS: ALL YOUTH CAMPS ARE PERMITTED

VACATIONS:

Student athletes/coaches traveling for vacation(s) to **Florida, New York or out of the Country**

MUST observe a (14) day self-quarantine time before returning to team skills/events

From: Jerry Snodgrass, OHSAA Executive Director

Good afternoon to each of you as we continue to provide updated guidance, recommendations and clarifications on the Governor's Responsible Restart with sports programs. Initially, there was a bit of confusion on the differences between 'summer sports' and school sports. However, this has been resolved and, over the past few weeks, we have had great dialogue with the Governor's office and **are now part of the Advisory Groups**. We were able to have valuable input into Thursday's announcement so orders/restrictions that affect non-school sports affect school sports in the same manner. Representing each of you, it is a great step and appreciated. The purpose of this communication is to update you and attempt to eliminate any confusion moving forward.

Governor's Announcements to Responsibly Restart Sports

As mentioned, we were involved in the recommendations that led to today's advances. An important overview of Thursday's announcement:

"Phases": Maybe the biggest area of confusion that could occur. Recently, the OHSAA provided a **guidance document** that listed 'Phases' to re-open sports that utilize school facilities – everything from gyms to fields to weight rooms. That guidance recommended PHASES to slowly and safely open up to the permissions granted by the Governor's orders for low/no-contact sports as well as contact sports as defined by the Governor. At that time, there were no 'phases' outlined by the Governor – simply a 'date' for responsibly restarting those programs (low/no contact and contact). Today, they outlined Phases for what the Governor's orders will now permit. **The Phases provided by the Governor today and the Phases previously provided by the OHSAA are two entirely separate documents.** If we had known the Governor would release 'phases,' we may have chosen to use a different term. This is important to note since these words could lead to possible confusion.

Phase 2 Announced Thursday . . . What was Phase 1?

With Thursday's announcement, the permissions granted on May 26 for low/no-contact sports and contact sports (skill training) are being revised on the www.cornavirusohio.gov website to now be called "Phase 1." Phase 1 is what is currently permitted by the Governor's office in respect to competition and skill training that was permitted beginning on May 26.

Phase 2 Announced Thursday . . . What exactly does that mean?

With Thursday's announcement, Phase 2 permissions will begin on **Monday, June 22**. Mandatory and recommended restrictions are posted at: <https://coronavirus.ohio.gov/static/responsible/Contact-Sport-Practices-Non-Contact-Sport.pdf>. Please read these carefully and we would recommend posting these and sharing them with participants and your various attendees in your open gyms/workouts/etc. Basically:

- Beginning Monday, June 22, schools may now have open gyms/open fields/workouts/training for Contact Sports.
- All NON/LOW-Contact sports may continue with competitions previously granted beginning May 26.
- Daily assessments of participants must still occur as previously required.
- "Spectators" (parents, others) are permitted but must follow restrictions that include social distancing.
- While there is no restriction on the number permitted to attend Open Gyms/Fields/Facilities, any individuals not participating in intra-team play or skill sessions must remain socially distanced. Example: If you have 20 individuals playing in two open gym cross court games, any remaining individuals must remain socially distanced when not playing. Consider limiting attendance for this reason.
- Athletic Trainers have restrictions identified that include wearing facemasks when treating an individual.
- Skill Training identified from May 26 may still occur.
- There is no REQUIREMENT that any school must begin Phase 2 on June 22. It is merely *permitted to begin* on June 22.
- Since the OHSAA's "10-Day Rule" has been waived for the summer of 2020, there is no limit to the number of days in which coaches/schools may conduct open gyms/open fields/workouts/training.
- Local Health Departments continue to be given control/oversight of schools and facilities within their jurisdiction. They retain the right to restrict permissions in Phase 2.

Recommendations:

- Strongly consider limiting attendance at Open Gyms/Open Fields and weightlifting to students in your school.
- Consider assigning oversight to one staff member to comply with all mandated and recommended restrictions.
- Consider limiting attendance at your 'open gyms/fields' to ensure social distancing for those not directly involved in participating.
- Consider posting signage at your facilities emphasizing the health and safety restrictions for the events in your various facilities. Paul Powers at Aurora High School has some great suggestions/examples.

Note 1: The word "Scrimmages" is used in regulations within Phase 2. In school sport language, the term 'scrimmage' generally references competitions between schools that do not have to follow all the normal playing rules of the game. In the context of the Governor's orders, 'scrimmage' refers to games/competitions being played only with members attending your 'Open Gym' or 'workout.' **Competitions between different schools or communities is NOT permitted at any time during Phase 2 for contact sports. NO '7 on 7's,' 'Summer Tournaments' or 'Team Camps' involving different schools or communities is permitted for contact sports during Phase 2.**

Note 2: While many of us have received communications from different venues/colleges announcing 'Team Camps,' there is still no date announced by the Governor in which these would be permitted. Under Phase 2 restrictions, they currently are not permitted.

Note 3: Many have asked about teams participating in out-of-state 'events/competitions,' especially in Indiana. Each state has different restrictions. While CDC guidelines for sports lists individuals/teams from one geographic area traveling to another geographic areas as the highest risk for spreading COVID-19, there are no mandated restrictions.

Note 4: While "Phase 3" appears as the inevitable next step, there has been NO suggestion or indication of what the date for launching "Phase 3" would be.

Pre-Workout/Contact Screening:

- All coaches and students should be screened for signs/symptoms of COVID-19 prior to a workout, to include a temperature check. Please see the sample OHSAA COVID-19 Monitoring sheet provided.
- Responses to screening questions should be recorded and stored for contact tracing purposes if a COVID-19 infection occurs.
- Any person with positive responses on the screening should not be allowed to take part in workouts and should contact their medical provider.
- Vulnerable individuals should not oversee or participate in any workouts during Phase Two.
- If locker rooms or meeting rooms are used, there should be a minimum distance of 6 feet between individuals at all times.
- Appropriate social distancing should be maintained on sidelines and benches. Consider using tape or field paint as a guide for students and coaches.

Facilities Cleaning:

- Adequate cleaning schedules should be created and implemented for all athletic facilities.
- Prior to an individual or group entering a facility, all hard surfaces within that facility should be wiped down and sanitized. Hard surface examples include but are not limited to chairs, furniture, locker rooms, weight room equipment, bathrooms, and training tables.
- Individuals should wash their hands for 20 seconds with warm water and soap before touching any surfaces or participating in workouts.
- Hand sanitizer should be plentiful and available to individuals.
- Weight equipment should be wiped down thoroughly before and after each individual uses the equipment.
- Shirts and shoes should be worn at all times.
- Any equipment such as weight benches, athletic pads, having holes with exposed foam should be covered.
- Students should be encouraged to shower and wash their workout clothing immediately upon returning home.
- There should be no shared athletic towels, clothing, or shoes between students.
- Students should wear their own appropriate workout clothing, and towels and should be washed and cleaned after every workout.
- All athletic equipment, including balls, should be cleaned intermittently during practices and between practices/sessions.
- Hand sanitizer should be readily available.
- Maximum lifts should be limited and power cages should be used for squats and bench presses.

Hydration:

- All students should bring their own water bottle, and water bottles should not be shared.
- Hydration stations (water fountains, water troughs, etc.) should not be used.

GENERAL INFO:

1. Training sessions cannot be mandatory.
2. No spectators/parents allowed.
3. Athletes are responsible to bring their own water, towel and should not share any personal items.
4. **Water will not be available at the facilities.**
5. Coaches must enforce all current social distancing regulations.
6. Locker room facilities will be unavailable until further notice.
7. Remind athletes to keep hands away from nose, eyes, mouth
8. No spitting
9. No congregating before or after practice.
10. Athletes should sanitize hands prior to and after training session.
11. Coaches/Athletes responsible for sanitizing equipment before, during and after training sessions. This includes benches, balls, weights, bands, ropes, walls/wall mats when in use.
12. A restroom will be available for emergencies.

WEIGHT ROOM:

1. Workout groups should remain consistent throughout the summer.
2. Weight room time must be scheduled through the athletic office.
3. Athletes must wipe down their equipment before and after use.
4. Coaches must enforce all current social distancing and sanitizing protocols.
5. No alumni or community members may use the weight room...athletes, coaches and school employees only.
6. A restroom will be provided for emergencies.

COACHING GUIDELINES:

1. REMINDER: Our ability to work through any summer activities successfully will have a large impact on our ability to have sports next year.
2. Keeping accurate attendance records for players and coaches at every activity is mandatory.
3. You and your staff are responsible for keeping the facilities secured and free from outsiders while you are scheduled to be there.
4. As your sport becomes available for coaching, limit the number of interactions and the size of the groups as much as possible.
5. Train your athletes to show up, do their work, and go home.
6. Hold team meetings virtually as much as possible.
7. Anyone that shows signs or symptoms of illness needs to be documented, and reported to the Athletic office. The person should be sent home with a parent phone call.
8. The OHSAA has extended the usual summer coaching calendar to August 31 for this summer only. Chippewa will not have any team activities for winter or spring sports after the first day of fall practice. Weight room, conditioning, and small group activities can proceed as allowed by the OHSAA for athletes not playing a fall sport.